



Cause Exploration Worksheet

Explore a potential cause to work towards by completing the following prompts.

The issue I keep coming back to is _____

_____.

My connection to this issue is _____

(personal experience, community connection, inherited concern, other).

The people most affected by this issue in my community are: _____

_____.

The people or institutions with the most power over this issue are _____

_____.

My most relevant T for this cause is: _____

because _____.

Three people I could ask to join this work are: _____

I can ask people to join this work by saying:

_____.