


# January 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>@GivingTuesday</b>	<b>1</b> Make a resolution to give back throughout the year #52Tuesdays	<b>2</b> Teach a child the basics of financial literacy	<b>3</b> Check on an elderly neighbor	<b>4</b> Call a long-lost friend	<b>5</b> Clean your closet. Donate what you no longer need
<b>6</b> Wheel out your neighbor's trash bin	<b>7</b> Find out something new about a coworker	<b>8</b> Take a walk outside	<b>9</b> Drink more water. It's easier to be kind when you're hydrated!	<b>10</b> Write positive sticky notes and leave them in random places	<b>11</b> Use a travel mug for your morning coffee instead of disposable cups	<b>12</b> Foster a pet up for adoption
<b>13</b> Donate used towels or blankets to a shelter	<b>14</b> Send an encouraging email	<b>15</b> Leave quarters at the laundromat	<b>16</b> Gift an inspirational book	<b>17</b> Ship a care package	<b>18</b> Offset your carbon footprint when you book your spring break flights	<b>19</b> Leave a generous tip
<b>20</b> Attend service elsewhere to learn about a different faith #WorldReligionDay	<b>21</b> Dr. Martin Luther King Jr. Day of Service. #MLKDay	<b>22</b> Pay someone's library fine	<b>23</b> Leave a gift in your mailbox for your letter carrier	<b>24</b> Sign up for a 5k for a cause	<b>25</b> Ask a senior about their past	<b>26</b> Pick up trash around town
<b>27</b> Make dinner for a family in need	<b>28</b> Buy groceries for the person behind you	<b>29</b> Organize a Teddy Bear drive for the local hospital	<b>30</b> Hold the door for someone	<b>31</b> Write an online review for a favorite small business	